



March 2020
WIC Approved Breads



WHOLE WHEAT 24 OZ 100% WHOLE WHEAT 24 OZ



CLASSIC 100% WHOLE WHEAT 20 OZ
HEARTY & DELICIOUS 100% 24 OZ
THIN STYLE BUNS 12 OZ
DELIGHTFUL 45 CAL 20 OZ
DELIGHTFUL 100% MULTIGRAIN 20 OZ
SOFT & SMOOTH WHOLE WHEAT 16-24 OZ

100% WHOLE WHEAT 24 OZ 100% WHOLE WHEAT 20 OZ



100% WHOLE WHEAT 16 OZ 100% WHOLE WHEAT 24 OZ

WHEAT BREAD 20 OZ



100% WHOLE WHEAT HOT DOG BUNS 16 OZ
100% WHOLE WHEAT SANDWICH BUNS 16 OZ
12 GRAIN BREAD 24 OZ
HEALTH NUT BREAD 24 OZ
HEALTHY MULTIGRAIN BREAD 24 OZ
100% WIDE PAN WHOLE WHEAT BREAD 24 OZ

WHOLE WHEAT 24 OZ



100% WHOLE WHEAT BREAD 20 OZ



100% WHOLE WHEAT 24 OZ
15 GRAIN 24 OZ
HONEY WHEAT 24 OZ
OATMEAL 24 OZ

Quick shopping examples:

Child receives 32 oz =
16+16 OR 12+20

Pregnant or Breastfeeding mom receives 16 oz =
16

Child + mom = 48 oz =
12+12+24 OR 12+16+20 OR 16+16+16 OR 24+24