



August 2019

WABA | WORLD BREASTFEEDING WEEK 2019

No one breastfeeds alone. It takes support from everyone—from parents to policymakers, health facilities, communities and employers. We all have a role to play in supporting breastfeeding.

YOU CAN SUPPORT
Breastfeeding
ANYTIME, ANYWHERE



Dads
Can Support Breastfeeding

Friends & Family
Can Support Breastfeeding



Did you know? WIC has Breastfeeding Peer Counselors

A Breastfeeding Peer Counselor is a woman in the WIC community who has personal breastfeeding experience as well as specialized training in assisting moms with breastfeeding.

This service is offered free of charge through the WIC office for the benefit of pregnant women and moms who choose to breastfeed.

What can a Peer Counselor do for you?



Peer Counselors are here to help you with your breastfeeding questions, decisions, and concerns, but most of all for **SUPPORT!**

Contact a Peer Counselor today:

CALL: 1-855-384-MILK(6455) TEXT: 605-789-HELP(4357)

E-MAIL:
sdbestmilk@gmail.com

ONLINE:
sdbfpc.zendesk.com

