

PROTEINS

beans, peas, lentils

Cans 15 - 16 oz
Dry 16 oz Bag Only



ALLOWED

- Any Brand
- Any Single Variety
 - Black Beans
 - Black Eye Peas (Cowpeas, Crowder Peas)
 - Garbanzo Beans (Chickpeas)
 - Great Northern Beans
 - Kidney Beans (Red and White)
 - Lentils
 - Lima Beans
 - Mung Beans
 - Navy Beans
 - Pinto Beans
 - Red Beans
 - Split or Whole Peas (dry only)
 - Soy Beans
- Regular, Low Sodium, No Sodium

NOT ALLOWED

- Added Fats, Flavors, Meats, Oils or Sugars
- Added Fruits and/or Vegetables
- Baked Beans or Pork & Beans
- Chili Beans, Green Beans, Yellow Beans, Refried Beans
- Organic
- Seasonings or Other Ingredients
- Soup Mixes
- Sweet Peas, Green Peas